

MONTHLY NEWSLETTER

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Board of Managers

This month's newsletter is packed with updates on network activities, and valuable resources for your practice.



CURRENT BOARD MEMBERS:

Jay Ludwicki- Chair - The Pediatric and Adolescent Center
Magdy Attia - Vice Chair- Nemours Children's ER
Hal Byck- Nemours Children's Primary Care
Anthony Gannon- Nemours Children's Endocrine
Jonathan Miller- Nemours Children's PC
Ashish Gupta- Nemours Children's Neonatology
Nancy Gideon/Erin Fletcher- Beacon Pediatrics
Pamela Huffman-DeVaughn- PAMCOP
Charizza Sales- Kent Pediatrics
Vibha Sanwal - Primary Care, Rainbow Pediatrics
Karla Nicholas Swatski- Bryn Mawr Pediatrics

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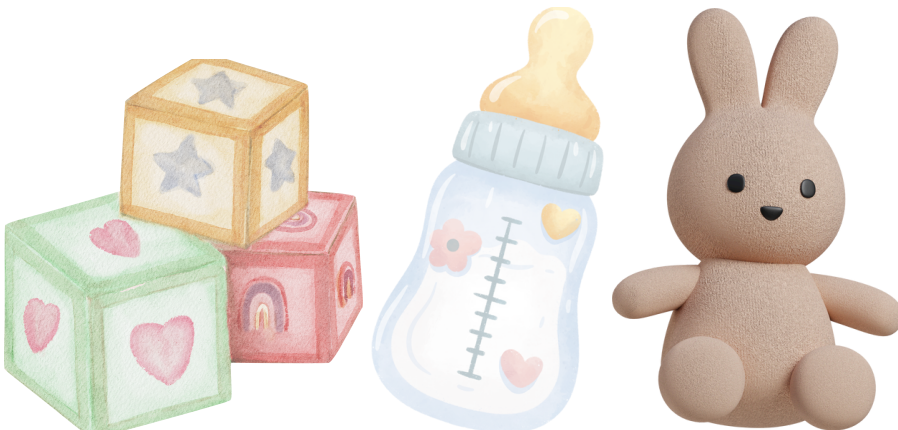
KidWell Resource Updates:



National Infant Immunization Week (NIIW) is an annual observance to promote the benefits of immunizations and to improve the health of children two years old or younger. Since 1994, local and state health departments, national immunization partners, healthcare professionals, community leaders from across the United States, and the Centers for Disease Control and Prevention (CDC) have worked together through NIIW to highlight the positive impact of vaccination on the lives of infants and children, and to call attention to immunization achievements.

[National Infant Immunization Week \(NIIW\)](#) | [Vaccines & Immunizations](#) | [CDC](#)

LEARN MORE



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KidWell Resource Updates:

KidWell Network Lunchtime Lecture Series – March 25 Recap

Thank you to everyone who joined us for the March 25th KidWell Network Lunchtime Lecture Series! We hope you found Dr. Ravin's presentation both insightful and engaging.

If you were unable to attend, don't worry—a follow-up email will be sent soon with details on how to access the recording and apply for continuing education credits. Stay tuned!



Measles Unmasked: Understanding, Preventing and Managing Outbreaks

March 25, 2025

Karen A. Ravin, MD, FAAP

Division Chief, Pediatric Infectious Diseases

Nemours Children's Hospital, Delaware



Replay



Think Measles

Consider measles in any patient presenting with a febrile rash illness, especially if **unvaccinated for measles** or **traveled internationally** in the last 21 days.

1 Measles Symptoms

- High Fever
- Cough
- Coryza (runny nose)
- Conjunctivitis (red, watery eyes)
- Maculopapular Rash
 - Typically appears 2-4 days after symptoms begin.
 - Begins at hairline, spreads downward, to face, neck, and trunk.
 - Rash appears red on light complexions, but may be harder to see or appear as purple or darker than surrounding skin on dark complexions.

2 Pre-Visit Telephone Triage

- For those reporting measles symptoms, assess the risk of exposure:
 - Are measles cases present in your community?
 - Did the patient spend time out of the country in the 21 days before symptom onset?
 - Has the patient ever received the MMR vaccine?
- Triage should only be completed by a clinically trained person.
- If patient will be seen in the office, provide instructions on face masks for patient (2 years of age and older) and family.
- Instruct to arrive to a side or back entrance instead of the main entrance.

3 Patients Presenting with Suspected Measles

- Provide face masks to patients (2 years of age and older) and family before they enter the facility. Patients unable to wear a mask should be "tent" with a blanket or towel when entering the facility.
- Immediately move patient and family to an isolated location, ideally an airborne infection isolation room (AIIR) if available. If unavailable, use a private room with the door closed.
- No other children should accompany a child with suspected measles.
- Patients (2 years of age and older) and family should leave face masks on if feasible.

4 Infection Prevention Precautions

Only health care providers with immunity to measles should provide care to the patient and family. Standard and airborne precautions should be followed, including:

- Use of a fit tested NIOSH-approved N95 or higher-level respirator.
- Use of additional PPE if needed for task (e.g., gloves for blood draws).
- Cleaning hands before and after seeing the patient.
- Limiting transport or movement of patients outside of room unless medically necessary.

5 Public Health Notification

- To ensure rapid investigation and testing with contact tracing, notification should occur immediately upon suspicion of measles. Public health departments will be able to help confirm vaccination history for U.S. residents, provide guidance on specimen collection and submission, and manage contacts of confirmed cases.
- Acute care facilities should immediately notify the hospital epidemiologist or infection prevention department.
- Outpatient settings should immediately notify local or state health departments.
- Visit CSTE for reporting contact information: <https://www.cste.org/page/EpiOnCall>

6 Clinical Care

- People with confirmed measles should isolate for four days after they develop a rash.
- If an AIIR was not used, the room should remain vacant for the appropriate time (up to 2 hours) after the patient leaves the room.
- Standard cleaning and disinfection procedures are adequate for measles virus environmental control.



Maculopapular Rash

Source: [CDC PHIL](#)



Resources:

- [Measles Red Book Online Outbreaks Page](#)
- [CDC Interim Infection Prevention and Control Recommendations for Measles in Healthcare Settings](#)

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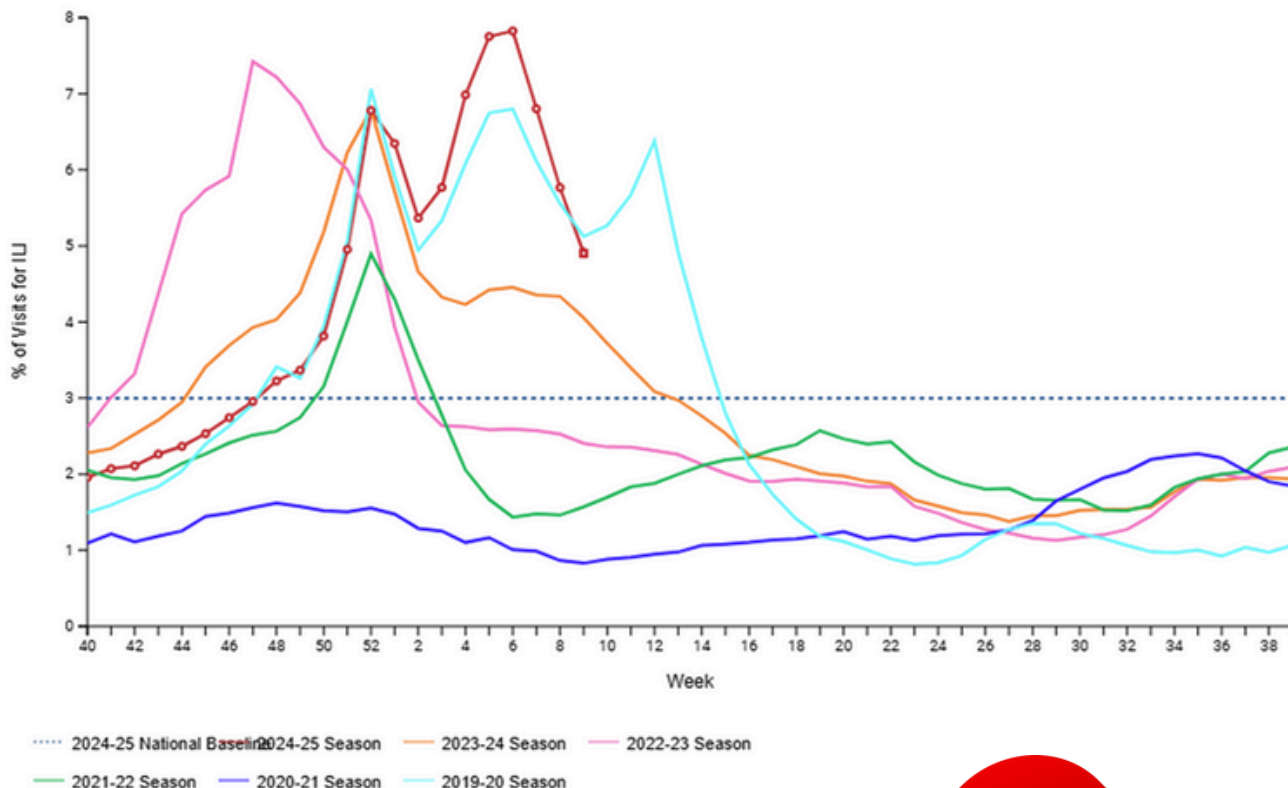
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KidWell Resource Updates: FLU SURVEILLANCE

Things are starting to slow down nationally.



Percentage of Outpatient Visits for Respiratory Illness Reported by
The U.S. Outpatient Influenza -like Illness Surveillance Network (ILINet),
Weekly National Summary, 2024 -25 Season and Selected Previous Seasons



NEW

UPDATE

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KidWell Resource Updates: **ECHO Autism STAT Early Diagnostic Program**



MESSAGE

Dear colleagues,

We want to be sure you are aware of an upcoming educational opportunity to obtain additional training in caring for patients with autism and suspected autism in your practice. The Nemours ECHO Autism STAT Early Diagnostic Program is a year-long training program that will provide enhanced education about autism and teach primary care providers the necessary skills to complete diagnostic evaluations in their office. This program starts with a 2-day in-person training on the diagnostic instrument – The Screening Tool for Autism in Toddlers and Young Children (STAT) – followed by twice monthly virtual education sessions with a multidisciplinary group of autism experts from Nemours, the Swank Autism Center, the Delaware Network for Excellence in Autism, and the community.

For further details, please refer to the flyer on the next two pages.

Send interest or questions to ECHOAutism@nemours.org.

Nemours ECHO Autism team

ECHO Autism STAT Early Diagnostic Model



ECHO Autism STAT Instrument Training

June 9-10, 2025

ECHO Autism: Primary Care Early Diagnosis

1st & 3rd Tuesdays
of the month

12:00 p.m.-1:30 p.m.
starting July 1, 2025

Who should participate?

- Pediatricians
- Physician Assistants
- Nurse Practitioners

What is ECHO Autism?

Moving knowledge, not people

A program that supports PCPs looking to improve their ability to care for autistic patients and learn skills necessary to complete diagnostic evaluations in their office. ECHO Autism is an educational program that bridges care gaps between autism specialists, community health care clinicians, and autistic children.

How It Works

PCPs receive training in an office-based diagnostic instrument (STAT) followed by bi monthly educational sessions with didactic and case-based learning in a convenient, interactive web-based small-group format.



Interested? Contact echoautism@nemours.org.

Learn more about ECHO Autism Communities at echoautism.org.



Well Beyond Medicine | Nemours.org

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ECHO Autism STAT Early Diagnostic Model

Benefits

- Learn the skills to evaluate, differentiate, and diagnosis children with unambiguous characteristics of autism between the ages of 14–48 months.
- Receive guidance on treatment of common medical and psychiatric co-occurring conditions in children on the autism spectrum.
- No-cost STAT instrument training
- FREE STAT Kit
- FREE CME and Maintenance of Certification Credit

Commitments

- Attend an in-person ECHO Autism STAT instrument training June 9–10, 2025, in Wilmington, Delaware.
- Participate in virtual ECHO Autism Primary Care Sessions on the first and third Tuesday of every month from noon–1:30 p.m. for one year.
- Complete steps to become reliable on the STAT instrument.
- Present diagnostic cases to the ECHO Autism Hub Team for verification of diagnosis.

Our Team



Meghan Harrison DO
Pediatrician



Heather Northam, MA CCC-SLP
Speech-Language Pathologist



Brittany Perry, DO
Pediatrician



Reginald Combs-Harris, LMSW
Social Worker



Kathleen Petrick, DO
Developmental Pediatrician



Alisha Fletcher, DSW, LCSW
Resource Specialist



Katherine Zambrana, PhD, MEd
Pediatric Psychologist



Shanel Knox-Miller
Parent Advocate

Interested? Contact echoautism@nemours.org.
Learn more about ECHO Autism Communities at echoautism.org.



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KidWell Resource Updates: Reminder: Upcoming Meetings & Events



Don't
Forget!

✦ **QCMC Meeting: Wednesday, May 7, 2025**
5 PM–6 PM

✦ **KidWell Lunch Time Lecture Series**
Next Series:
TBA

✦ **KidWell Annual Dinner**
Save the Date:
Wednesday August 27TH
Maple Dale Country Club



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KidWell Resources Updates:

ANNOUNCEMENT: New KidWell Practice



Dr Karla Nicholas-Swatski,
MD, FAAP



David Yusavitz
CRNP

Welcome Our Newest Practice to the kidWell Network!

We're thrilled to announce the newest addition to the kidWell family! Each new practice strengthens our community, enhances our collaborative efforts, and expands our commitment to exceptional pediatric care. We're especially excited to welcome Dr. Karla Nicholas-Swatski, who is not only joining us through this new practice but is also our newest member on the Board of Managers.

Welcome aboard—we're excited to grow together!

Pediatrician | Bryn Mawr Pediatrics | Haverford, Pennsylvania

WELCOME

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KidWell Resources Updates:

ANNOUNCEMENTS: New KidWell Practice



Fox Chase Pediatrics



Caren G.
Kirschner, M.D.



Timothy J.
Flynn, M.D.



Norma Alicea-
Alvarez, DNP, PNP-BC



Stephanie Plunkett,
MSN, CRNP



Yuliya Bilan Yu,
MSN, CRNP

Welcome Fox Chase Pediatrics to the kidWell Network!

We're equally thrilled to announce Fox Chase Pediatrics as another wonderful addition to the kidWell family! Each practice enriches our community, fosters deeper collaboration, and enhances our collective dedication to exceptional pediatric care. Welcome aboard—together we're poised to create even more positive impacts on the health and well-being of our young patients!

[Best Pediatrician](#) | [Fox Chase Pediatrics](#) | [Philadelphia, PA](#)

WELCOME

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KidWell Resources Updates: **ANNOUNCEMENTS/HIGHLIGHTS: UTI Pathways**

Attention Community Pediatricians:

We are excited to invite your expertise in developing a comprehensive Urinary Tract Infection (UTI) pathway for our network.

This initiative represents a valuable opportunity to enhance patient care and standardize treatment protocols across our community.

If you are interested in contributing to this important project, please contact our Quality Team.

For further information, reach out to:

Asya Richardson – asya.richardson@nemours.org

Nicole Schwegler – Nicole.Schwegler@nemours.org

Join us in advancing quality pediatric care. Your collaboration can make a significant impact!





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KidWell Resources Updates:

Check out our newly upgraded website

[KidWellnetwork.org](https://kidwellnetwork.org)

Direct Access to KidWell Clinical Pathways

<https://kidwellnetwork.org/clinical-pathways.html>



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Nominate a Stellar Colleague!

Do you know a coworker who consistently goes above and beyond? We want to celebrate their dedication in our Kudos Corner!

Shape the Newsletter!

We're always looking for ways to improve the departmental newsletter. Do you have ideas for future content, suggestions for topics, or feedback on the format? We value your input!

Share your thoughts and suggestions with Asya Richardson directly at asya.richardson@nemours.org.

We value your feedback and participation! **Contact Us:**



Dr. Maria Petrini: Maria.Petrini@nemours.org - 302-559-7716

David Cruz: David.Cruz@nemours.org - 302-304-1351

Asya Richardson: Asya.Richardson@nemours.org - 302-393-1886

Nicole Schwegler: Nicole.Schwegler@nemours.org - 302-573-0202

See you next month!
The KidWell Network
Team