VOLUME 30
AUGUST 2026

KidWell NETWORK

MONTHLY NEWSLETTER



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Board of Managers

CURRENT BOARD MEMBERS:

Jay Ludwicki, MD- Chair - The Pediatric and Adolescent Center
Anthony Gannon, MD- Nemours Children's Endocrine
Jonathan Miller, MD- Nemours Children's PC
Nancy Gideon, MD/Erin Fletcher, MD- Beacon Pediatrics
Pamela Huffman-DeVaughn, MD- PAMCOP
Charizza Sales, MD- Kent Pediatrics
Vibha Sanwal, MD - Nemours Children's Primary Care
Kevin Sheahan, MD -Nemours Children's Primary Care
Amy Renwick, MD- Nemours Children's Primary Care
Lauren Deutsch, DO- Nemours Children's Primary Care

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30th EDITION & COUNTING!

Celebrating Our 30th Edition!

Thirty editions of keeping our KidWell community **informed**, **connected**, and **equipped** with the tools, resources, and opportunities that support our practices and the children and families we serve.

EACH MONTH WE BRING YOU:

PRACTICE UPDATES

Timely information and important updates for your practice.

CLINICAL RESOURCES

Evidence-based tools and guidance to support quality care.

NETWORK NEWS

Highlights from across KidWell and our practice partners.

EDUCATIONAL OPPORTUNITIES

Learning and training opportunities to grow and stay informed.



Thank You ♥

To our KidWell practices, clinical partners, contributors, and readers—thank you for being part of this journey and for your continued dedication to our community.

Here's to the next chapter of KidWell—together.

One Network. Stronger Together. | Empowering Practices. Improving Lives. | Better Health. Brighter Futures. | *We are KidWell.*

KidWell NETWORK

MONTHLY PAYER REPORTS AVAILABLE



The following payer reports are now avaialble on the SFTP.

Access all reports on the SFTP: | https://fts.nemours.org/

HIGHMARK COMMERCIAL

REPORTING

Claims through:
06/27/2026
Internal data: 07/29/2026

TARGETS

Using 2025 Targets

(2026 Targets will be shared when available)

AMERIHEALTH

REPORTING

Claims through:
06/30/2026
Internal data: 07/29/2026

TARGETS

Using 2025 Targets

(2026 Targets will be shared when available)

AETNA

REPORTING

Claims through:
07//30/2026
Internal data: 08/20/2026

TARGETS

Using 2025 Targets

(2026 Targets will be shared when available)

Questions? Reach out to your KidWell team if you have any questions or need support.

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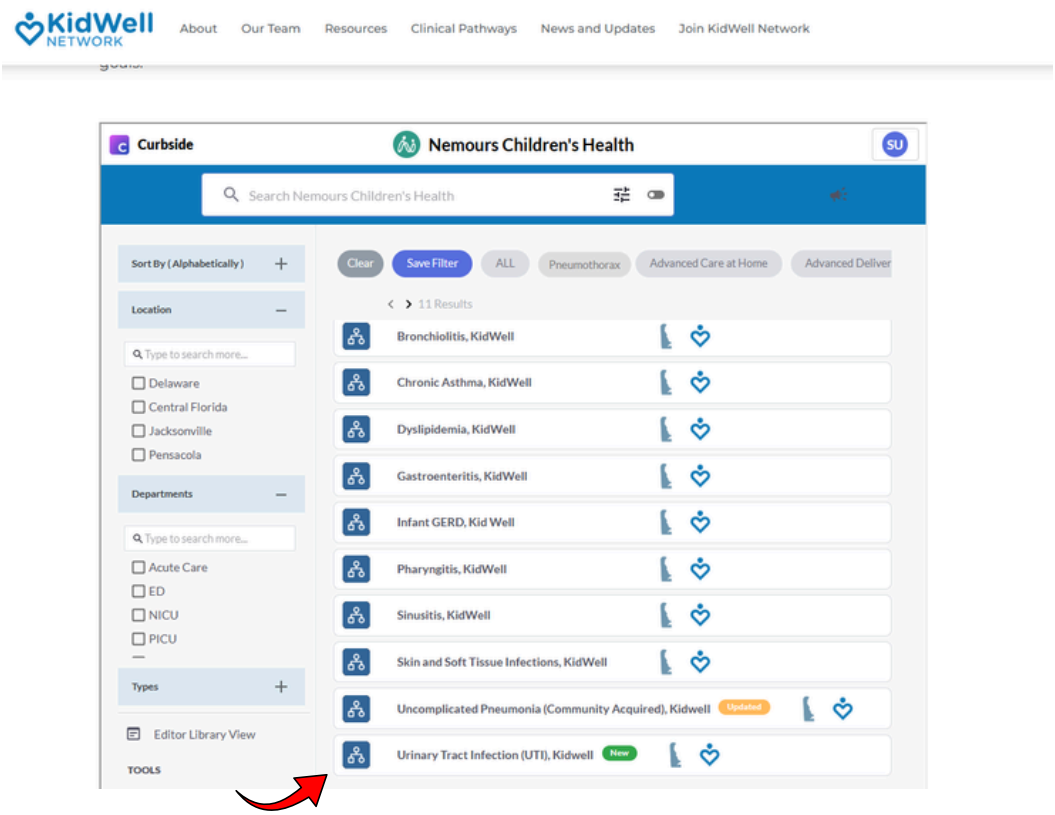
KidWell Resource:

NEW! KidWell Clinical Pathways
Urinary Tract Infection (UTI) Clinical Pathway Now Available

The KidWell Clinical Pathways team is excited to announce the launch of the Urinary Tract Infection (UTI) Clinical Pathway, developed collaboratively to support evidence-based, consistent care for pediatric patients.

🌐 **For KidWell Community Practices:**
The UTI Clinical Pathway is available through the KidWell Network website. Visit the Clinical Pathways section to access the UTI pathway and other available clinical resources.

[Access KidWell Clinical Pathways]



For Nemours clinicians: The UTI Clinical Pathway is also available in Curbside by searching “Urinary Tract Infection (UTI), KidWell.”

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KidWell Resource:

Community Health Education (CHE) Team

Looking for educational resources or support for your patients, families, schools, or community partners?

The Community Health Education (CHE) Team offers evidence-based programs designed to support children, adolescents, parents, caregivers, schools, and community organizations throughout our region.

CHE provides educational programming on a variety of child health and wellness topics and is available to partner with practices and community organizations for:

- Health fairs
- Back-to-school events
- School and community programs
- Parent and caregiver education
- Community outreach opportunities

Need Community Health Education Support?
Whether you're planning an upcoming event or looking for educational resources, the CHE team is available to help.

📎 **To learn more or request a program, scan the QR code or submit a request using the Community Health Education Request Form.**

Your Trusted source for practice updates & clinical resources

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KidWell Surgical Corner

August 2026

CUTTING EDGE

Keeping Practices Sharp With the Latest In Surgery

Pediatric Constipation: First Steps and When to Refer to Surgery

Contributed by:
Liese Pruitt, MD



Contributing Factors

Common factors that may contribute to pediatric constipation include:

- Low-fiber diet
- Low water intake
- Withholding behaviors or anxiety around potty training
- Fear or anxiety about stooling at school

Questions or Referrals?
Email: surgerydepartment@nemours.org

Your Trusted source for practice updates & clinical resources

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KidWell Surgical Corner

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Pediatric Constipation: First Steps and When to Refer to Surgery

Initial Work-Up

Detailed History

Consider:

- At what age did the constipation begin?
- Did symptoms begin with a change in environment or during potty training?
- Is the stool hard? Consider using the Bristol Stool Scale to help classify stool consistency.
- Is there difficulty passing soft stool?
- Are there frequent small stools with poor emptying?

Physical Examination

Assess for:

- Abdominal distention
- Palpable stool
- Diaper dermatitis that may make stooling painful
- Painful anal fissure

X-Ray

When obtained, assess for:

- Stool burden
- Gas retention

Your Trusted source for practice updates & clinical resources

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KidWell Surgical Corner

August 2026

Pediatric Constipation: First Steps and When to Refer to Surgery

Initial Management: "Mush vs. Push"
Two main classes of medications may be used in the initial management of pediatric constipation.

"Mush" — Stool Softeners
Stool softeners work by softening the stool and may be helpful when stool is very hard or painful to pass.

Examples include:

- Lactulose
- Polyethylene glycol (MiraLAX)

"Push" — Stimulant Laxatives

Stimulant laxatives work by stimulating colonic contractions to help push stool out and may be useful when there is ineffective emptying.

Examples include:

- Senna — available as liquid, tablet, or chocolate square
- Bisacodyl — available as liquid or tablet

When to Refer to Surgery

Consider surgical referral for:

- Personal or family history of Hirschsprung disease
- Personal history of anorectal malformation
- Concern for neurogenic bowel
- Delayed passage of meconium in a neonate
- Constipation refractory to medical management

surgerydepartment@nemours.org

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Save the Date!

Join us for an evening of celebration, connection, and recognition at the **KidWell Annual Dinner** — bringing together our network, partners, and community for a special evening of collaboration and appreciation.

Enjoy dinner, networking, and an awards ceremony as we celebrate the dedication and partnerships that continue to strengthen care for children and families across our region.

Wednesday, September 30, 2026

5:30 PM – 8:00 PM

Maple Dale Country Club



More details to follow —
we hope you'll join us!

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UPCOMING MEETINGS AT A GLANCE

Lunchtime Lecture Series (LLS)

Clinical education featuring Nemours specialists and evidence-based updates for community providers.

Q-Connect

A collaborative forum to share best practices, network with peers, and discuss quality improvement initiatives.

DATE & TIME	MEETING	TOPIC	SPEAKER
Wednesday, Sept. 2, 2026 12:00 PM - 1:00 PM	Q- Connect	*ENT Procedures	Meghan Netterville, APP
Tuesday, Sept. 22, 2026 12:00 PM - 1:00 PM	Lunchtime Lecture Series (LLS)	Urology	Beth Euston, APN
Wednesday, Oct. 14, 2026 1:00 PM - 2:00 PM	Q- Connect	Reducing Avoidable ED Utilization	KidWell Team
Wednesday, Nov. 4, 2026 1:00 PM - 2:00 PM	Q- Connect	TBD	KidWell Team

***Continuing education credit will be offered for the September 2 Q-Connect (up to 1.0 credit/contact hour).**

Meeting topics and speakers are subject to change.

Join the Conversation

Stay connected and engaged with the KidWell Community

Interested in attending? Contact the KidWell team to request a calendar invitation

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Additional Resources:

Measles Guidance for Pediatric Practices

Measles Readiness: Are You Prepared?

With measles activity identified in our region, community providers are encouraged to review their practice readiness and ensure appropriate processes are in place for screening, isolation, testing, reporting, and communication when evaluating patients with suspected measles.

Attachment:
Please see the Measles Readiness for Community Providers attachment included in this month's KidWell newsletter email for complete guidance and recommendations.



*sharing helpful updates from our partners and trusted sources

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Additional Resources:

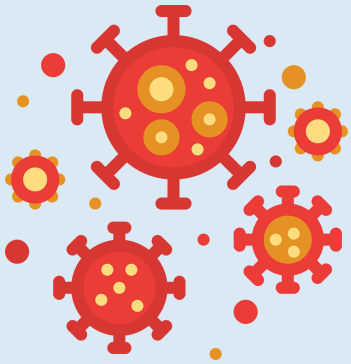
Immunization Coalition of Delaware –At a Glance

Additional Resources:
Immunization Coalition of Delaware – At a Glance

Immunization Coalition of Delaware (ICD) – Week in Review
The August 17, 2026 ICD Week in Review highlights continued measles activity, with 2,566 confirmed U.S. cases reported in 2026. Delaware is now reporting 22 measles cases, all identified in Kent County, reinforcing the importance of measles awareness, vaccination status, and timely response to suspected cases.

The update also includes the latest CDC immunization and infectious disease updates, travel health notices, influenza information, vaccine resources, and continuing education opportunities relevant to healthcare providers.

📌**Read the full ICD Week in Review and access additional immunization resources:** visit the Immunization Coalition of Delaware.



*sharing helpful updates from our partners and trusted sources

KidWell NETWORK

HELP SHAPE THE KIDWELL COMMUNITY!

Your Ideas. Your Colleagues. Our Community.

NOMINATE A STELLAR COLLEAGUE

Know someone who consistenly goes above and beyond for patients, families, or their practice?

Help us celebrate their dedication by nominating them for our **Kudos Corner!**

NOMINATE TODAY

HELP SHAPE THE NEWSLETTER

We're alwasys looking for ideas and feedback to make our newsletter even more valuable to you.

We Welcome:

- **Best practices**
- **Success stories**
- **Community events**
- **Patient education tools**
- **Topics you want to learn more about**
- **Questions you'd like answered**
- **Resources to share**

SHARE YOUR IDEAS

YOUR KIDWELL TEAM IS HERE TO HELP

Wheather you have questions about reportts, quality scorecoards, educational progaramming, upcoming meetings, or any other resources- your KidWell team is here for you!

MEET YOUR KIDWELL TEAM



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We want to hear from you!

Send an email to Asya Richardson to submit your nonimation, ideas or newsletter topics.

Thank you
FOR BEING PART OF THE KIDWELL NETWORK!

Together, we're improving the health of children, supporting practices, and strengthening our communities.

Have questions or need assistance?
Reach out to your KidWell team - we're here to help!