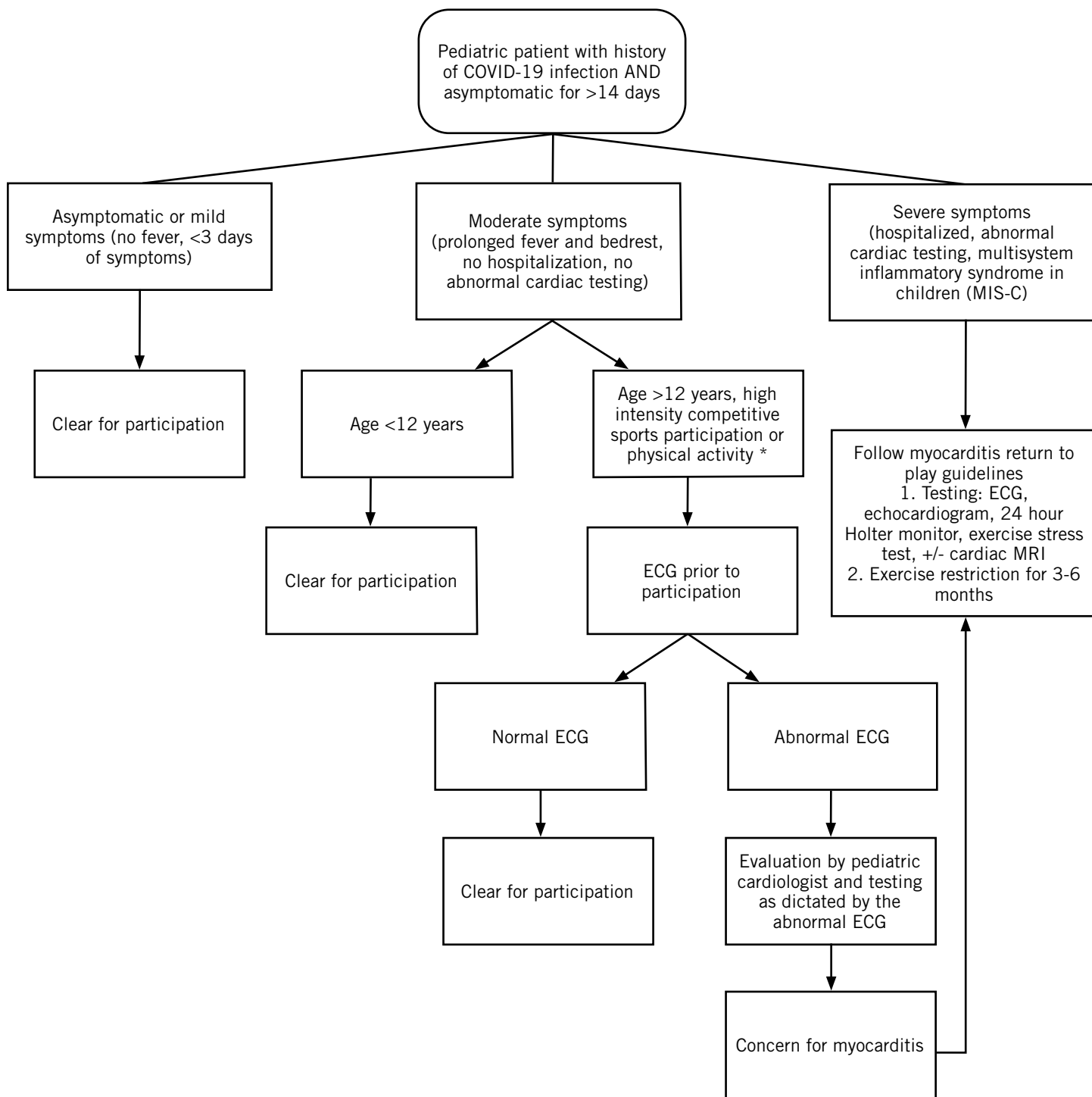


Return to Play After COVID-19 Infection in Pediatric Patients



FOR PATIENTS WITH HISTORY OF COVID-19 INFECTION AND ONGOING SYMPTOMS

Cardiology evaluation for sports clearance is required for patients symptomatic with:

- Chest pain
- Dizziness
- New-onset murmur
- Palpitations
- Shortness of breath
- Syncope

QUESTIONS?

Email: covid19misc@nemours.org, or can contact Deepika Thacker (Deepika.Thacker@nemours.org) or Jonathan Miller (jonathan.miller@nemours.org) Follow myocarditis return to play guidelines

1. Testing: ECG, echocardiogram, 24 hour Holter monitor, exercise stress test, +/- cardiac MRI
2. Exercise restriction for 3-6 months

REFERENCES:

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